

Newfoundland Circumnavigation Cruise Itinerary

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Tour Overview

Journey around Newfoundland, where rugged cliffs, lively outports, and centuries of storytelling shape the rhythm of life along the North Atlantic. From the colourful hillsides of St. John's to the windswept northern coast, every stop reveals a different side of this remarkable island.

Cross the sea to Saint-Pierre, where French culture thrives amid a stark and beautiful landscape. Receive a heartfelt Mi'kmaw welcome in Miawpukek First Nation, and share in the warmth of Newfoundland hospitality during a community kitchen party in François.

Hike the otherworldly Tablelands of Gros Morne National Park, where the Earth's mantle lies bare to the sky. Explore the Basque whaling history of Red Bay and the Viking settlement at L'Anse aux Meadows—three UNESCO World Heritage Sites that trace human history across a thousand years.

Aboard and ashore, our *Taste of Place* culinary program celebrates the island's deep connection to its foodways. Meet the fishers and foragers who bring local traditions to life and sample the flavours that tell Newfoundland's story.

By the time you return to St. John's, the sea, the land, and the people will have woven together into something unforgettable—a journey rich in culture, community, and connection.

Itinerary

Day 1-2: St. John's, NL, Canada & Saint-Pierre, France



Your journey begins in St. John's, the lively and storied capital perched on the edge of North America. Beneath Signal Hill, our vessel slips through the narrow harbour entrance as the city's colourful row houses glow in the evening light. This is where the island's rhythm begins—where stories rise and fall with the swell of the sea. As we sail from St. John's, the horizon opens toward Saint-Pierre—France's last foothold in North America. Here, a distinctly French spirit thrives amid a rugged North Atlantic landscape. Wander cobblestone streets lined with patisseries, shops, and seaside cafés. It's a place where European elegance meets the edge of the sea, and every whaft of salt air carries a hint of history.

Day 3: Miawpukek (Conne River), NL, Canada



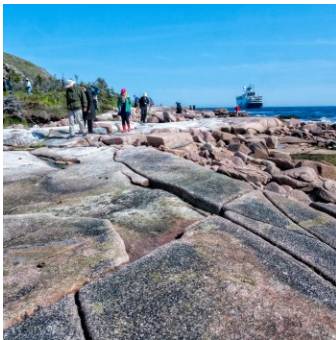
In Miawpukek First Nation, the Mi'kmaq people welcome us to a community that has bridged ancient traditions with modern life. Learn about this vibrant nation's ongoing efforts to preserve language, ceremony, and knowledge of the land and sea. Through stories, song, and shared experience, discover a worldview grounded in connection and respect.

Day 4: Francois



Hidden deep within a steep fjord, the outpost of François can be reached only by boat. Colourful homes cling to the hillside, and air carries the quiet cadence of community life. Spend the day exploring waterfalls and lookout trails or simply chat with locals who embody Newfoundland's legendary hospitality. As evening falls, the town gathers for a joyful kitchen party—music, dance, laughter, and good company flowing as naturally as the tide. Raise a glass and join in the moment.

Day 5: Southern Coast



Cruise along one of Newfoundland's most rugged stretches of coastline, where ancient cliffs rise over quiet coves and hidden bays. We'll explore by Zodiac and on foot, tracing the contours of this remote landscape. Keep your eyes peeled for seabirds, whales, moose, and caribou—life thrives here in unexpected places

Day 6-7: Gros Morne National Park and Woody Point



In Gros Morne National Park, the Earth's story is written in stone. The ochre slopes of the Tablelands—where the planet's mantle meets the crust—create a landscape unlike any other. Join our Parks Canada naturalists for guided walks among these surreal formations and learn how Gros Morne earned its UNESCO World Heritage status. After exploring, enjoy the warm spirit of Woody Point, where artists, writers, and musicians find inspiration in the surrounding mountains and sea.

Day 8: Red Bay



Step back to the 1500s at Red Bay, once a bustling Basque whaling station and now a UNESCO World Heritage Site. Visit the excellent interpretation centre to see recovered artifacts—including tools and personal items from the ship *San Juan*, lost here in 1565. Then, cross to Saddle Island to explore the remnants of a whaling community that helped shape the earliest chapters of transatlantic industry.

Day 9: L'Anse aux Meadows



At the northern tip of Newfoundland lies L'Anse aux Meadows, the only authenticated Norse site in North America. Step inside reconstructed sod dwellings and imagine the Norse explorers who crossed the Atlantic more than a millennium ago. Here, archaeology meets legend—linking Norse sagas to the rugged beauty of Newfoundland's northern coast.

Day 10-11: Northeast Coast



As we sail along the northeast coast, each harbour reveals a new perspective on island life. Visit small fishing communities where weathered boats rest in calm coves and friendly faces greet you at the wharf. Capture the texture of coastal living—salt-streaked sheds, drying nets, and stories told over mugs of tea. This is the living heartbeat of Newfoundland.

Day 12: St. John's, NL, Canada



We return through The Narrows, back into the embrace of St. John's harbour. The journey's end is a circle closed—but the impressions linger: the warmth of newfound friends, the taste of sea air, the sound of a tin whistle drifting over the waves. Our expedition team will assist with luggage and onward travel—but Newfoundland, as locals say, will stay with you long after you've gone.

What to Expect

Our Newfoundland cruise program allow you to experience the best of the natural world, while enjoying the comforts of our friendly floating hotel. The ship generally makes crossing between islands at night, so every morning you awake to new vistas and discoveries. Every day we offer a combination of interesting shore excursions and fun shipboard activities. You can choose which elements of the program you want to participate in.

This is a general natural history and cultural expedition rather than a dedicated birding tour. Travellers can look forward to a mix of wildlife viewing, cultural experiences, and time to appreciate the region's incredible scenery — with opportunities for birding included along the way.

This expedition cruise necessitates passengers to be in reasonably good health. Zodiac cruises and transfer times can be lengthy. You must be able to climb stairs between decks on the ship, as well as the external gangway stairs to transfer between the zodiac and ship.

Some of our shore landings will be 'wet', requiring waterproof boots. Once you have left the zodiac, you'll find our shore excursions accommodate both those who wish to enjoy a gentle stroll and those who prefer more active hikes. The excursion may involve walking over uneven or sandy terrain in variable weather conditions. Our onboard specialists will join us on these shore excursions to provide interpretation and narration to these wonderful landscapes and experiences.

Each evening we will gather in the lounge to recount the day's events and share memorable stories. Our onboard musician will provide some lively entertainment during happy hour and the expedition leader will outline the following day's schedule. Our resource staff of naturalists, historians, and other guest speakers will give informative talks at various times throughout the voyage.

Meals in the ship's dining room are a great opportunity to meet new friends and recount the day's adventures. Special diets can be accommodated with advance notice. Safety is also a top priority with Eagle-Eye Tours - our team has extensive experience in the field, and all of our Voyages are run in conjunction with operators with the highest safety standards.

When the ship is underway, it is a wonderful time to join a naturalist on deck, take photos of the stunning scenery, or get caught up on some reading in the library.

Weather, ice, government regulations, and community requests may necessitate changes to the planned itineraries and/or the cancellation of certain shore excursions and enhancements. Published itineraries are examples only and we reserve the right to change or modify the itinerary and landing sites at any time prior or during an expedition. Changes will be communicated at your expedition orientation or during your onboard expedition briefings.

We know that everyone travels for different reasons. Over the years, however, we have found one common element among the guest who choose to travel with us - a thirst of knowledge and authentic experience. Knowing this drives us to ensure the highest quality learning experience on our trips, by taking time to carefully design each trip we offer.

What's Included

Tour Price Includes

- Passage aboard the Ocean Nova
- Applicable taxes and credit card fees
- Complimentary expedition jacket
- Special access permits, entry, and park fees
- Expert expedition team
- Guided activities
- Sightseeing and community visits
- All Zodiac excursions
- Port fees
- Pre-departure materials
- Educational program
- Interactive workshops
- Evening entertainment
- All shipboard meals
- Wi-Fi access (basic service included)

Tour Price Does Not Include

- Commercial and charter flights
 - Program enhancements/optional excursions
 - Gratuities
 - Personal expenses
 - Mandatory medical evacuation insurance
 - Additional expenses in the event of delays or itinerary changes
 - Possible fuel surcharges and administrative fees
 - Pre- and post-trip hotel accommodation
 - Premium internet access available at an additional cost
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