

Newfoundland Circumnavigation Cruise Itinerary

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Tour Overview

Journey around Newfoundland, where rugged cliffs, lively outports, and centuries of storytelling shape the rhythm of life along the North Atlantic. From the colourful hillsides of St. John's to the windswept northern coast, every stop reveals a different side of this remarkable island.

Cross the sea to Saint-Pierre, where French culture thrives amid a stark and beautiful landscape. Receive a heartfelt Mi'kmaw welcome in Miawpukek First Nation, and share in the warmth of Newfoundland hospitality during a community kitchen party in François.

Hike the otherworldly Tablelands of Gros Morne National Park, where the Earth's mantle lies bare to the sky. Explore the Basque whaling history of Red Bay and the Viking settlement at L'Anse aux Meadows—three UNESCO World Heritage Sites that trace human history across a thousand years.

Aboard and ashore, our *Taste of Place* culinary program celebrates the island's deep connection to its foodways. Meet the fishers and foragers who bring local traditions to life and sample the flavours that tell Newfoundland's story.

By the time you return to St. John's, the sea, the land, and the people will have woven together into something unforgettable—a journey rich in culture, community, and connection.

Itinerary

Day 1: St. John's, NL, Canada



Welcome to St. John's—Newfoundland's historic, vibrant capital. Sailing out of the port of St. John's, Signal Hill keeps watch as we exit the world-famous Narrows. The charming houses of the Battery are always a hit with shutterbugs. Watch for icebergs, whales, and seabirds as we sail!

Day 2: Saint-Pierre, France



Explore Saint-Pierre, a last bastion of France's colonial territories in North America. The colourful and charming shops and residences of the town of Saint-Pierre reveal its unique historical character. French food, wine, clothing, and culture are all on offer here. The sweets at the local cafes and bakeries are in high demand. Saint-Pierre offers a taste of European living, just a short sail from the coast of Newfoundland!

Day 3: Miawpukek (Conne River)



The First Nations community of Miawpukek became a permanent settlement sometime around 1822. Before then, it was one of many semi-permanent camps used by the Mi'kmaq people—who had traditionally travelled nomadically throughout the east coast of Canada. Since its establishment as a reserve in 1987, Miawpukek has successfully bridged traditional knowledge and contemporary practice. We will receive a formal welcome from local leaders and have a chance to explore this special community.

Day 4: Francois



The wild and windswept coast of southern Newfoundland is home to a few remaining outport communities. Experience the warm hospitality and adventurous spirit of Francois, Newfoundland—a quaint and picturesque fishing village, with colourful homes and buildings that offer visitors a glimpse into Newfoundland's coastal lifestyle. Explore the town, and hike to stunning lookout points and waterfalls. A day in Francois will stimulate your soul and remind you of the importance of good neighbours, stories, and music. After a day of adventure, head to the community hall for an oversized kitchen party with treats, drinks, and dancing. Rediscover a bit of your own spirit, through the essence of Newfoundland's culture in this charming and resilient community.

Day 5: Southern Coast



There are many choices of unique bays and coves to explore via Zodiac or land excursions. Along the coast, the geology is outstanding, and the plant life is gorgeous. We'll be on the watch for wildlife, too. We'll make the most of every chance to explore this beautiful and remote coast.

Day 6-7: Gros Morne National Park and Woody Point



Gros Morne National Park's Tablelands, a six-hundred-metre plateau, form one of the world's best examples of exposed mantle. Normally found below the Earth's crust, the mineral-rich rocks support very little life, making the Tablelands an eerie landscape. We will offer various walking and hiking options here. Views of Bonne Bay are spectacular. Gros Morne's interpretation centre is excellent and the town of Woody Point is a delight to explore.

Day 8: Red Bay



The Red Bay Basque Whaling Station became a UNESCO World Heritage site in 2013. Basque whalers operated out of the Red Bay harbour in the 1500s: North America's first export industry. The interpretation centre at Red Bay is excellent. Here we find tools, personal items, and navigational instruments recovered from the wreck of the whaling ship San Juan. The ship was lost in a storm in 1565 and found centuries later submerged in the harbour. We'll visit nearby Saddle Island to learn the history of the whaling industry.

Day 9: L'Anse aux Meadows



L'Anse aux Meadows, a UNESCO World Heritage Site, is the only authenticated Norse settlement in North America. The archaeological remains found here in 1960 date to approximately 1000 CE. Amazingly, the location was first established by a close reading of the Viking sagas. Today, a superb interpretation centre and several reconstructed Norse-style sod buildings make L'Anse aux Meadows a must-see for any visitor to Newfoundland and Labrador.

Day 10-11: Northeast Coast



The northeast coast of Newfoundland is known for the dozens of picturesque villages that dot its rocky shores, and we'll find harbour in one of these unique communities. We look forward to a characteristically warm Newfoundland welcome upon our arrival. Photographers will have their work cut out for them, capturing all the special charm of classic island communities and stunning coastlines.

Day 12: St. John's, NL, Canada



On the final day of our expedition, we sail back through the Narrows and into St. John's harbour. We will say our farewells and the expedition team will be on hand to assist you with luggage and transportation arrangements.

What to Expect

Our Newfoundland cruise program allow you to experience the best of the natural world, while enjoying the comforts of our friendly floating hotel. The ship generally makes crossing between islands at night, so every morning you awake to new vistas and discoveries. Every day we offer a combination of interesting shore excursions and fun shipboard activities. You can choose which elements of the program you want to participate in.

This is a general natural history and cultural expedition rather than a dedicated birding tour. Travellers can look forward to a mix of wildlife viewing, cultural experiences, and time to appreciate the region's incredible scenery — with opportunities for birding included along the way.

This expedition cruise necessitates passengers to be in reasonably good health. Zodiac cruises and transfer times can be lengthy. You must be able to climb stairs between decks on the ship, as well as the external gangway stairs to transfer between the zodiac and ship.

Some of our shore landings will be 'wet', requiring waterproof boots. Once you have left the zodiac, you'll find our shore excursions accommodate both those who wish to enjoy a gentle stroll and those who prefer more active hikes. The excursion may involve walking over uneven or sandy terrain in variable weather conditions. Our onboard specialists will join us on these shore excursions to provide interpretation and narration to these wonderful landscapes and experiences.

Each evening we will gather in the lounge to recount the day's events and share memorable stories. Our onboard musician will provide some lively entertainment during happy hour and the expedition leader will outline the following day's schedule. Our resource staff of naturalists, historians, and other guest speakers will give informative talks at various times throughout the voyage.

Meals in the ship's dining room are a great opportunity to meet new friends and recount the day's adventures. Special diets can be accommodated with advance notice. Safety is also a top priority with Eagle-Eye Tours - our team has extensive experience in the field, and all of our Voyages are run in conjunction with operators with the highest safety standards.

When the ship is underway, it is a wonderful time to join a naturalist on deck, take photos of the stunning scenery, or get caught up on some reading in the library.

Weather, ice, government regulations, and community requests may necessitate changes to the planned itineraries and/or the cancellation of certain shore excursions and enhancements. Published itineraries are examples only and we reserve the right to change or modify the itinerary and landing sites at any time prior or during an expedition. Changes will be communicated at your expedition

orientation or during your onboard expedition briefings.

We know that everyone travels for different reasons. Over the years, however, we have found one common element among the guest who choose to travel with us - a thirst of knowledge and authentic experience. Knowing this drives us to ensure the highest quality learning experience on our trips, by taking time to carefully design each trip we offer.

What's Included

Tour Price Includes

- Passage aboard the Ocean Nova
- Applicable taxes and credit card fees
- Complimentary expedition jacket
- Special access permits, entry, and park fees
- Expert expedition team
- Guided activities
- Sightseeing and community visits
- All Zodiac excursions
- Port fees
- Pre-departure materials
- Educational program
- Interactive workshops
- Evening entertainment
- All shipboard meals
- Wi-Fi access (basic service included)

Tour Price Does Not Include

- Commercial and charter flights
 - Program enhancements/optional excursions
 - Gratuities
 - Personal expenses
 - Mandatory medical evacuation insurance
 - Additional expenses in the event of delays or itinerary changes
 - Possible fuel surcharges and administrative fees
 - Pre- and post-trip hotel accommodation
 - Premium internet access available at an additional cost
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