

Greenland & Wild Labrador Cruise Itinerary

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Tour Overview

On Greenland and Wild Labrador: A Torngat Mountains Adventure, you'll journey across the North Atlantic, where wild coasts meet immense horizons and a world alive with story, music, and connection unfolds. From the bright harbours of Newfoundland to Greenland's glacial fjords and the rugged coastlines in between, you'll explore a living cultural landscape shaped by ice, time, and enduring relationships with the land and sea.

Here, warmth and humanity thrive at the heart of a vast environment. Feel the Newfoundland spirit alive in song, laughter, and a deep sense of belonging carried on the salt air. Across Nunatsiavut and Greenland, a quiet reverence for the land runs deep. Inuit knowledge, hospitality, and leadership guide each step of the journey, offering a powerful reminder that people and place are inseparable, each giving meaning to the other.

Spend several days in Torngat Mountains National Park, where granite peaks rise straight from the sea and deep fjords cut through ancient rock. Hike across rolling tundra, explore by Zodiac, or pause in awe at a landscape so vast it shifts your sense of scale. Along the Labrador coast, cliffs and coves reveal the raw meeting of land and sea, while L'Anse aux Meadows links Norse and Indigenous histories at the threshold of the North Atlantic. In Greenland, glaciers, sweeping tundra, and luminous fjords create a realm of elemental beauty where ice and time have shaped the soul of the Arctic.

For the curious traveller, this is more than a voyage between two coasts. It is a journey through beauty and belonging, offering a welcome reminder of your small place within something immeasurably grand.

Itinerary

Day 1: Kangerlussuaq, Greenland



Kangerlussuaq lies within a broad glacial valley between the Greenland Ice Sheet and the sea. Its dry climate and unusually stable weather led to the establishment of an American air base here during the Second World War and continue to make it one of Greenland's most important aviation gateways. The surrounding region has a much longer history as a place of Inuit travel and hunting. After arriving by charter flight from Toronto, board the expedition vessel and begin the long passage through Kangerlussuaq Fjord. Mountains, glacial valleys, and pale meltwater mark the transition from Greenland's interior to its western coast. Crossing the Arctic Circle, the route opens towards the long light and expansive waters of late Arctic summer.

Day 2: Kangerlussuatsiaq Fjord (Evighedsfjorden)



Kangerlussuatsiaq means "the rather big fjord" in Kalaallisut, while the Danish name Evighedsfjorden translates to "the fjord of eternity," underscoring its vastness and seemingly never-ending nature. See why Kangerlussuatsiaq Fjord lives up to its name and marvel at this complex coastal waterway that includes calving glaciers, sheer bird cliffs, and streams cascading against a towering mountain backdrop. Explore this sublime glacial landscape by ship and by Zodiac. The waters here are relatively warm, due to the West Greenland Current and the subarctic location.

Day 3: Nuuk



At the mouth of an immense fjord system, Nuuk rises between the sea and the mountains. Its name means "headland" in Kalaallisut, the Greenlandic language, a fitting description for a capital gathered at the water's edge. Colourful wooden houses line the old harbour, contemporary buildings reshape the skyline, and the saddle-shaped peak of Sermitsiaq rises across the water, giving Nuuk its unmistakable natural backdrop. Human history in the region reaches back thousands of years, while the modern city grew from a colonial settlement established in 1728. The Greenland National Museum brings these layered histories together through boats, clothing, archaeological finds, and the remarkably preserved Qilakitsoq mummies. Nuuk is also a centre of contemporary Greenlandic life. Kalaallisut carries through everyday conversation, music, and public life, while artists and chefs draw new ideas from culture and place. Katuaq, Greenland's cultural centre, takes its name from the word for "drumstick," fitting for a gathering place that helps set the city's creative rhythm. There is much to discover in this distinctly Greenlandic capital, where a lively cultural scene extends beyond museums and performance spaces into cafés, shops, and everyday city life.

Day 4: At Sea — Davis Strait



Cross the Davis Strait, a storied stretch of ocean connecting Greenland and Labrador. While whales and seabirds trace your course, life aboard turns to learning and exchange. Inuit cultural educators, scientists, artists, and historians share knowledge, stories, and laughter that deepen understanding of the Arctic and its peoples. Reflection and discovery flow together on this day at sea.

Days 5-8: Torngat Mountains National Park, NL, Canada



The sea that has shaped this expedition reaches its most dramatic expression in Torngat Mountains National Park. At the northern edge of Labrador, some of the highest and most rugged mountains in eastern North America rise directly from the water. Fjords extend deep into the range beneath walls reaching 900 metres, while small glaciers endure among rocks nearly four billion years old. Torngait means “place where the spirits dwell.” This is the homeland of Labrador and Nunavik Inuit, whose travel routes, hunting grounds, stories, and knowledge are inseparable from the landscape. Inuit hosts bring this relationship into view, sharing perspectives shaped by generations of travelling, living, and observing the land and sea. Polar bears travel the coast, caribou move through the valleys, and the Torngats support the world’s only known black bear population living entirely above the tree line. Over four days, the scale of the park unfolds through changing fjords, weather, wildlife, and time shared with Inuit. Here, sea, stone, and living culture come together at the heart of the journey.

Day 9: Hebron



Above the tree line on Labrador’s northern coast, the long white building of Hebron Mission National Historic Site of Canada stands against a vast landscape of mountains, tundra, and sea. Established by Moravian missionaries in the 1830s, Hebron became a centre of religious, commercial, medical, and community life for Labrador Inuit. In 1959, Hebron was closed without consultation, and 249 Inuit were relocated to communities farther south, separating families from their homeland. A monument now records their names, the provincial government’s apology, and the relocatees’ response in Inuktitut and English. Yet Hebron is more than a place of loss. As families return and restoration continues, it is again becoming a place of gathering, where the past is remembered and connections to homeland are renewed for generations to come.

Day 10: Nunatsiavut Community



Come ashore in a Nunatsiavut community, where the spirit of the Labrador coast comes vividly to life. Here, history, art, and daily life intertwine, revealing stories of resilience, pride, and connection to land and sea. Walk through a community where tradition and modern life coexist, where voices rise in song, artisans share their craft, and every conversation offers insight into Inuit self-governance and cultural renewal. Framed by striking coastal hills and ancient rock formations, this visit offers a powerful sense of place and a deeper appreciation of Inuit Labrador.

Days 11-12: The Labrador Coast



Along the Labrador coast, sheer headlands give way to quiet coves and forested valleys that reach toward the sea. For centuries, Inuit, Innu, and settler communities have lived within this landscape of contrasts, its beauty matched only by its demands. During the great cod fishery, harbours once filled with schooners, salt fish, and the rhythm of seasonal life. Today, cultural sites and small outposts echo those stories, revealing how people and sea have long sustained one another. Guided hikes and Zodiac excursions invite you to trace these same shorelines, where every turn offers a glimpse of Labrador's raw power and enduring spirit.

Day 13: L'Anse aux Meadows



At the tip of Newfoundland's Great Northern Peninsula lies L'Anse aux Meadows, the only authenticated Norse site in North America and a UNESCO World Heritage treasure. Step back a thousand years to when Norse voyagers made landfall here, marking the first known meeting between Europeans and the Indigenous peoples of this continent. Wander among grassy mounds and reconstructed sod dwellings that bring the past to life, and trace the stories unearthed by archaeologists who followed the sagas and clues preserved in the earth.

Day 14: Northeast Newfoundland



Follow the Labrador Current along Newfoundland's rugged northeast coast, where fishing villages cling to headlands shaped by wind and tide. Its cold waters once supported the greatest fishery in the world, king cod, drawing settlers to carve out lives along the rocky shores. These coastal communities, though ever adapting, still carry the imprint of their sea-going heritage. Out at sea, whales surface and seabirds wheel overhead, drawn by the nutrient-rich flow. Here, wild landscapes and enduring traditions meet, revealing a shoreline defined as much by people and history as by the restless sea itself.

Day 15: St. John's, NL, Canada



Cradled by steep hills and guarded by the dramatic Narrows, St. John's—Newfoundland and Labrador's spirited capital—is one of the world's great natural harbours and one of North America's oldest cities. Brightly painted row houses climb the slopes beside Signal Hill, where the Atlantic stretches endlessly beyond. In its winding streets and lively waterfront, history and creativity thrive side by side, filling the air with music, laughter, and the unmistakable spirit of Newfoundland.

What to Expect

Our small ship cruising programs allow you to experience the best of the natural world, while enjoying the comforts of our friendly floating hotel. The ship generally makes crossing between islands at night, so every morning you awake to new vistas and discoveries. Every day we offer a combination of interesting shore excursions and fun shipboard activities. You can choose which elements of the program you want to participate in.

This is a general natural history and cultural expedition rather than a dedicated birding tour. Travellers can look forward to a mix of wildlife viewing, cultural experiences, and time to appreciate the region's incredible scenery — with opportunities for birding included along the way.

This expedition cruise necessitates passengers to be in reasonably good health. Zodiac cruises and transfer times can be lengthy. You must be able to climb stairs between decks on the ship, as well as the external gangway stairs to transfer between the zodiac and ship.

Some of our shore landings will be 'wet', requiring waterproof boots. Once you have left the zodiac, you'll find our shore excursions accommodate both those who wish to enjoy a gentle stroll and those who prefer more active hikes. The excursion may involve walking over uneven or sandy terrain in variable weather conditions. Our onboard specialists will join us on these shore excursions to provide interpretation and narration to these wonderful landscapes and experiences.

Each evening we will gather in the lounge to recount the day's events and share memorable stories. Our onboard musician will provide some lively entertainment during happy hour and the expedition leader will outline the following day's schedule. Our resource staff of naturalists, historians, and other guest speakers will give informative talks at various times throughout the voyage.

Meals in the ship's dining room are a great opportunity to meet new friends and recount the day's adventures. Special diets can be accommodated with advance notice. Safety is also a top priority with Eagle-Eye Tours - our team has extensive experience in the field, and all of our Voyages are run in conjunction with operators with the highest safety standards.

When the ship is underway, it is a wonderful time to join a naturalist on deck, take photos of the stunning scenery, or get caught up on some reading in the library.

Weather, ice, government regulations, and community requests may necessitate changes to the planned itineraries and/or the cancellation of certain shore excursions and enhancements. Published itineraries are examples only and we reserve the right to change or modify the itinerary and landing sites at any time prior or during an expedition. Changes will be communicated at your expedition

orientation or during your onboard expedition briefings.

We know that everyone travels for different reasons. Over the years, however, we have found one common element among the guest who choose to travel with us - a thirst of knowledge and authentic experience. Knowing this drives us to ensure the highest quality learning experience on our trips, by taking time to carefully design each trip we offer.

What's Included

Tour Price Includes

- Passage aboard the ship
- Applicable taxes and credit card fees
- Complimentary expedition jacket
- Special access permits, entry, and park fees
- Expert expedition team
- Guided activities
- Sightseeing and community visits
- All Zodiac excursions
- Port fees
- Pre-departure materials
- Educational program
- Interactive workshops
- Evening entertainment
- All shipboard meals
- Wi-Fi access (basic service included)

Tour Price Does Not Include

- Commercial and charter flights
 - Program enhancements/optional excursions
 - Gratuities
 - Personal expenses
 - Mandatory medical evacuation insurance
 - Additional expenses in the event of delays or itinerary changes
 - Possible fuel surcharges and administrative fees
 - Pre- and post-trip hotel accommodation
 - Premium internet access available at an additional cost
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